

# *Families, Community Systems, and Suicide: Focusing on Survivor Grief, Healing, and Action*

## 22<sup>nd</sup> Annual Healing After Suicide Conference

**Saturday, April 24, 2010**

**Hilton at Walt Disney World--Orlando, FL**

Co-Sponsored by



American Foundation  
for Suicide Prevention

Register Online at: <https://ssl.4agoodcause.com/aas/healing1.aspx?id=2>



### Keynote Presentation

#### ***Give Sorrow Words: The Limits of Language in the Depths of Grief***

**Donna Schuurman, Ed.D., FT.**

Donna Schuurman is Executive Director of The Dougy Center for Grieving Children & Families, where she has served in various roles since 1986. She has written and trained internationally on children's bereavement issues, and is the author of *Never the Same: Coming to Terms with the Death of a Parent*.



### Luncheon Speaker

#### ***Reflections from a Survivor, Scientist, and Clinician***

**Thomas Joiner, Ph.D.**

Thomas Joiner is a Distinguished Research Professor & The Bright-Burton Professor of Psychology at The Florida State University. He is the author of *Why People Die by Suicide* and a survivor of his father's suicide.

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**Designed for survivors of suicide loss, support group facilitators, mental health professionals, and interested others, the purpose of the Healing After Suicide Conference is to:**

- \* Provide survivors with educational tools and resources to help with their individual journey of healing and transform their experience into action.
- \* Assist mental health professionals and other caregivers in understanding the needs of survivors.
- \* Provide assistance to facilitators of survivor support groups.

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**The Healing After Suicide Conference is being held along with the AAS Annual Conference, April 21 - 24, 2010**

**For registration and program information, go to [www.suicidology.org](http://www.suicidology.org) or call 202-237-2280**

# Conference Schedule

**SATURDAY, APRIL 24<sup>TH</sup>**

**AAS/AFSP 22<sup>nd</sup> Annual Healing After Suicide Conference**

## **Families, Community Systems and Suicide: Focusing on Survivor Grief, Healing, and Action**

- 7:30 am - 8:15 am *Healing Conference Registration & Continental Breakfast*
- 8:15 am - 8:30 am *Opening Remarks & Welcome to Survivors*
- 8:30 am - 8:45 am *Public Policy Award*
- 8:45 am - 10:00 am *Joint Keynote: Give Sorrow Words: The Limits of Language in the Depths of Grief*  
Donna L. Schuurman, Executive Director, The Dougy Center for Grieving Children and Families
- 10:00 am - 10:15 am *Break*
- 10:15 am - 11:45 am *The Doctor Is In*  
David A. Jobes, Ph.D. & Michael F. Myers, M.D.
- Sharing Sessions*
- 1. Survivors less than one year from their loss**, Doreen Marshall & Sue Opheim, Facilitators
  - 2. Survivors 1-5 years from their loss**, Joanne Harpel & Stan Lelewer, Facilitators
  - 3. Survivors 5+ years from their loss**, Margo Requarth & Nancy Rappaport, Facilitators
  - 4. Clinician-Survivors**, Vanessa McGann & Nina Gutin, Facilitators
  - 5. Support Group Facilitators**, Jack Jordan, Facilitator
- 11:45 am - 12 noon *Break*
- 12:00 noon - 1:15 pm *Luncheon & Speaker*  
*Reflections from a Survivor, Scientist, and Clinician*  
Thomas Joiner, Ph.D.
- 1:30 pm - 3:00 pm *Concurrent Sessions*
- 1. The 5 Tasks of Grief**  
Iris Bolton, M.A.
  - 2. Survivors Working in Suicide Prevention: A Dialogue**  
Franklin Cook, M.A. and Linda Langford, Sc.D.
  - 3. After a Suicide: Helping the Children Heal**  
Joanne Harpel, J.D., M.Phil.; Nancy Rappaport, M.D.; and Margo Requarth, M.A., M.F.T.
- 3:00 pm - 3:30 pm *Break*
- 3:30 pm - 5:00 pm *Concurrent Sessions*
- 1. Suicide Loss and the Military**  
Moderator: Franklin Cook  
Panelists: Lisa Brenner, Ph.D.; Mary Gallagher; Marjan Holloway, Ph.D.; Connie Scott; CDR Aaron Werbel, Ph.D.
  - 2. Men's Grief**  
Moderator: Eric Marcus  
Panelists: Jack Bolton, Eric Garland, Mo Krausman, Stan Lelewer, Kit Lukas
  - 3. Survivors in Action: Finding Your Role in Suicide Prevention and Advocacy**  
Sally Spencer-Thomas and John Madigan
- 5:00 pm - 5:45 pm *Closing Ceremony*  
Iris Bolton, M.A.

# Survivor Scholarships for Healing After Suicide Conference

In memory of Charles R. Bennett, made possible through donations by Eleanor Bennett

AAS & AFSP do not want the conference fee to prohibit anyone from attending the Healing After Suicide Conference. Therefore, given adequate funding, scholarships will be provided to any individual requesting assistance. Scholarships are for survivors of suicide and will cover registration fees only. If you are in need of scholarship assistance, please complete the following application, copy, and FAX TO AAS PRIOR TO REGISTERING for the conference. Scholarship forms must be received **no later than March 30<sup>th</sup>, 2010 for consideration.**

## SCHOLARSHIP REQUEST FORM

All information will be held in confidence. Scholarships will be awarded on a first-come first-served basis.

NAME \_\_\_\_\_ DAYTIME PHONE NUMBER \_\_\_\_\_

ADDRESS \_\_\_\_\_

EMAIL \_\_\_\_\_ FAX NUMBER \_\_\_\_\_

Using discount fares and rates, the total cost of my \_\_\_\_\_ day stay is estimated at \$ \_\_\_\_\_

I request scholarship help as follows: \_\_\_\_\_

I need scholarship help because (briefly describe your circumstances)

Have you received a conference scholarship in the past? Circle one: Yes No

Are you receiving support to attend the conference from another source? Circle one: Yes No

**NOTE: These scholarships are for survivors to attend the Healing After Suicide Conference on Saturday only, and are made possible through temporarily restricted funds. Survivors wishing to attend the entire AAS Annual Conference may apply for a scholarship to offset their total registration fee, providing they will attend the Healing After Suicide Conference.**

## AFSP Lifekeeper Memory Quilts

AFSP Lifekeeper Memory Quilts, depicting the faces of suicide, will be displayed on Saturday. If you would like to have your quilt be part of this display, please contact Rebecca Thorp at [rthorp@afsp.org](mailto:rthorp@afsp.org) or 212-363-3500, ext. 33 before March 30<sup>th</sup>.

# For Your Information

## THE HILTON AT WALT DISNEY WORLD HOTEL

The Hilton in the WALT DISNEY WORLD Resort offers Disney's EXTRA MAGIC HOURS and is located directly across from Downtown Disney in Lake Buena Vista, FL. Hotel guests will enjoy exceptional facilities at AAA's longest-running Four Diamond Resort in Central Florida. Our official Walt Disney World hotel is only steps away from some of Walt Disney World's most popular amenities and attractions [www.HiltonOrlandoResort.com](http://www.HiltonOrlandoResort.com)

## AIRPORTS

The nearest airport is the Orlando International Airport, located 15 miles, approximately 25 minutes from the Hilton. [www.orlandointernationalairport.com](http://www.orlandointernationalairport.com).

## GROUND TRANSPORTATION (TO AND FROM AIRPORT)

Approximate driving time to downtown ranges between 25-35 minutes depending on the time of day and mode of transportation.

### Door-to-Door Van Services

Nearly a dozen door-to-door van services operate from all terminals at both airports. Fares average \$10-\$15 per person.

### Taxi

Taxi service is available to the hotel. Typical fare is approximately \$50.

### Mears

One of the most commonly used airport transportation services is Mears Bus Services. One-way fare is approximately \$19 per person.

## DRIVING

For driving directions from various locations visit the hotel website at [www.HiltonOrlandoResort.com](http://www.HiltonOrlandoResort.com)

## PARKING

Hilton Hotel Garage Parking available on-site, with in and out privileges. Rates: Self-Parking--\$10 + tax per night per car, Valet Parking--\$16 + tax per night per vehicle.

## WEATHER

April is one of the most inviting months to visit Orlando, with an average high of 83, an average low of 60, and 2.4 inches of rain.

## SHOPPING

The Hilton is located across the street from Downtown Disney Resort. Other shops and restaurants are within walking distance of the hotel, and a free shuttle is provided to nearby outlets.

## RESTAURANTS

With so many exquisite dining establishments available in the Walt Disney World® Resort and its surrounding hotel area, you'll be split for choices when deciding where to eat your meals. With an emphasis on fresh ingredients, comfortable surroundings and personal service, dining at the Hilton, located in the Walt Disney World® Resort is always a pleasure. Hotel guests will find seven delectable restaurants and lounges. Andiamo Italian Bistro and Grille and the peaceful atmosphere of our Rum Largo Poolside Bar & Café to the Benihana Steakhouse and Sushi where the Japanese chefs will perform in front of you as they cook!

Downtown Disney offers a variety of dining establishments, including the Rainforest Cafe, McDonald's, Bongos Cuban Cafe, Fulton's Crab House, Raglan Road Irish Pub and Restaurant and House of Blues, to name a few.

## 24-HOUR MAINSTREET MARKET

Featuring a gourmet deli, Starbucks coffee, salads, sandwiches, and signature dishes, Mainstreet Market offers different options for breakfast, lunch, dinner and snacks. We will build your sandwich using delicious Boar's Head meats. To finish off your meal, you can select from our assortment of snacks, fresh fruits and ice cream. Open 24-hours.

## BABYSITTING/CHILD CARE

All About Kids  
(407) 812-9300  
[aaboutkids@aol.com](mailto:aaboutkids@aol.com)  
[www.all-about-kids.com](http://www.all-about-kids.com)  
7:00 am - 9:00 pm 7 days a week

*NOTE: AAS is providing this information as a resource for attendees and does not endorse or otherwise attest to the quality of the services provided.*

## Dates to Remember

March 15	Early Registration Discount
March 31	Cutoff for Pre-Registration
March 31	AAS Scholarships
March 26	Hilton Hotel Reservations
April 14	Cut-off for Registration Cancellation



If you have physical needs requiring special assistance, please attach a separate sheet of paper detailing your needs to the conference registration form or contact Amy Kulp at AAS Central Office at (202) 237-2280.

# Conference Registration Form

Please Print or Type

Register Online at: <https://ssl.4agoodcause.com/aas/healing1.aspx?id=2>

Check One:  Mr.  Mrs.  Ms.  Dr.  Prof.

Name \_\_\_\_\_  
Last First M.I. Name as it should appear on badge

Organization \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Country \_\_\_\_\_ Phone \_\_\_\_\_ Fax \_\_\_\_\_

Email \_\_\_\_\_

I am a Survivor. I lost my (father, daughter, client....) \_\_\_\_\_

Is this your first time at an AAS/AFSP Conference?  Yes  No

Please check here if you require special accessibility or accommodations. My requirements are: \_\_\_\_\_

Healing After Suicide Conference Includes all sessions, continental breakfast, snacks, program packet, and Saturday luncheon	AAS Member	Non-Member	*Family Member Accompanying two others		Fee Paid
Early Registration (By March 15th)	\$115	\$120	\$80		\$
Late Registration (After March 15th)	\$130	\$135	\$95		\$
<b>Total :</b>					<b>\$</b>

\* If two members of the same family register at full price, additional members may register at this discounted price.

Payment may be remitted by check, purchase order, (payable to AAS, in U.S. Funds) or by credit card.

I have enclosed a check for the full amount

I am paying by purchase order # \_\_\_\_\_

I would like to pay by credit card  VISA  MASTERCARD  AMERICAN EXPRESS

Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Name as it appears on card \_\_\_\_\_ Signature \_\_\_\_\_

**IF YOU ARE PAYING BY CREDIT CARD AND CHOOSE TO FAX YOUR REGISTRATION FORM, DO NOT ALSO MAIL IT, AS DUPLICATE CHARGES COULD RESULT.**

**FAX REGISTRATION TO 202-237-2282**

**Deadline for Registration by Mail/Fax  
March 31, 2010**

# Hotel Information



## ***The Hilton Walt Disney World® Hotel***

1751 Hotel Plaza Boulevard  
Orlando, FL 32830

***Reservations must be made by March 26, 2010***

**Hotel reservations may be made by phone or online**

You must reference the program name *American Association of Suicidology 43<sup>rd</sup> Annual Convention* to receive the discounted room rate.

**407-827-4000 or Toll Free 1-800-782-4414**

Go to [www.suicidology.org](http://www.suicidology.org) and click on the link for hotel reservations.

<b>ROOM TYPE*</b>	<b>RATE**</b>	<b>OCCUPANCY</b>
Traditional	\$195	Single or Double
Tower/Concierge	\$245	Single or Double

*Room rates are guaranteed only through March 26, 2010, or until the room block is filled, whichever comes first. Hotel reservations should be made as early as possible.*

*Reservations must be accompanied by one night's room deposit, or guaranteed by one of the following major credit cards: American Express, Carte Blanche, Diners Club, MasterCard, or Visa*

*Guests must inform the hotel at or before check-in of any change in the scheduled length of stay. Failure to do so will result in an early departure fee of one night's room and tax to the guest's account.*

### ***Hotel Amenities :***

- ▶ Health club with fitness room and free weights
- ▶ Pools
- ▶ Whirlpool Spa
- ▶ Video Arcade
- ▶ Extra Magic Hours--each day, one or more Disney theme parks are open early or remain open later
- ▶ High-speed Internet, available in all guest rooms and meeting space
- ▶ Theme Park Ticket Purchase
- ▶ Complimentary shuttle service to all Disney Theme Parks
- ▶ Easy access to WALT DISNEY WORLD Theme Parks: Magic Kingdom® Park, Disney's Animal Kingdom® Theme Park, Downtown Disney, EPCOT, Disney's Hollywood Studios™
- ▶ 24-Hour Mainstreet Market
- ▶ In Room Dining
- ▶ Shopping promenade
- ▶ Hair dryer, robes, safe, iron/ironing board